Reg Charity No 1112949



#### to give hope for those with no hope

# 2012 Walk for ZANE

## York to Canterbury

### **Zimbabwe A National Emergency**

## ZIMBABWE

#### Dear Reader

#### Why am I walking from York to Canterbury?

In the autumn of 2010, I walked from Edinburgh to London, then, in July 2011, from Land's End to London. This year, in September 2012, I have

decided to walk, and write a blog about, the 310 miles from York to Canterbury with echoes of Chaucer's Tales.

I am now in my seventy-first year. In the last three years, I will have walked over 1,100 miles for the vulnerable in Zimbabwe.

Why am I doing this? Because the situation in Zimbabwe is worse than ever. How else can we draw attention to what is going on? This is an especially difficult task while other disasters and events occupy the media and the attention of the public.

In Zimbabwe several hundred frail and elderly pensioners, whose assets and pensions were comprehensively destroyed by the worst inflation recorded anywhere in the world, are still effectively imprisoned in Mugabe's randomly brutal and often terrifying police state. Many are now wholly dependent for their very survival on the generosity of ZANE donors. Despite our vigorous efforts, the desperate needs of those who live in the High Density Areas far





outstrip what ZANE can afford. Over the last few years in Zimbabwe prices have risen 500% and the number of people desperate for help has increased hugely.



JOHN HUMPHRYS Author, journalist, radio & TV presenter

Zane is really in touch with the people it assists ... ZANE's work is wonderfully moving ...



#### COLONEL PAUL DAVIS CBE

Secretary General, The Royal Commonwealth Ex-Services League

I am overcome by the ZANE workers' dedication and efficiency and humbled by their bravery. Through ZANE's infrastructure and hard work, hundreds of veterans and widows are seeing out their twilight years with some dignity.

## **CRISIS APPEAL**

If you look at the back of this leaflet you will see the reasons why ZANE is a unique charity in Africa. Please also read the endorsements made by numerous eminent people who have seen something of ZANE's work.



I pay tribute to our loyal and brave staff in Zimbabwe, who with selfless kindness and for eight long years, have supported so many old and needy people. Please imagine how hard and profoundly depressing it is for them to turn away the poor and the old, the vulnerable and the desperate, because ZANE lacks the resources.

Please will you sponsor me for my next walk this September and really help save lives?

Yours sincerely



Tom Benyon

Tom Benyon O.B.E.

PS. In 20010/11 ZANE was chosen as one of the Telegraph Media Group's Christmas charities. Tom will be writing a blog as he walks – read it via the link on the ZANE website at www.zane.uk.com



#### BARONESS ROYALL OF BLAISDON

Leader of the Opposition in the House of Lords

I am deeply impressed with the work of ZANE; one of those charities that make a little money go a long way.



#### THE RT. REVD JOHN PRITCHARD

The Bishop of Oxford

ZANE is an extraordinary charity set up by inspiration . . . I have been enormously impressed by the vision, the hard work and the unquenchable spirit of everyone I have met.

### Walking to raise funds for **ZANE**

The walk in 2012 will be a total of 330 miles to raise funds for ZANE's work with the desperate people in Zimbabwe and departs York on Wednesday 5 September due to arrive at Canterbury Cathedral on Friday 28 September.

Additional walkers are warmly encouraged and sponsorship forms, for those wishing to obtain their own sponsors, are available. Please tick the relevant box on the back of the sponsor form.

#### Help with Accommodation

If anyone living within 40 miles of the route would be kind enough to accommodate Tom's party of three (Tom, his wife and driver), please let us know by ticking the box on the back of the form.





#### JOHN SIMPSON CBE

World Editor of the BBC

I have seen a little bit of ZANE's work on the ground and from what I have seen it is very, very impressive . . . ZANE is one of those lovely organisations that make a little bit of money go a long, long way. ZANE is a good cause and the money is properly and well spent.

#### SPONSORSHIP or DONATION form for Tom Benyon's walk from York to Canterbury

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#### SPONSOR PARTICIPATION

Please tick the relevant boxes below if you might be able to help with any of the following:

I can offer Tom's party (3 people) a meal and beds for the night

I would like to walk with Tom from (please see map)

I will be walking and would like to collect my own sponsors, please send me a sponsorship form.

Tom will be accompanied by a support driver along the route. Any offers of corporate sponsorship may be featured on the Walk publicity or the vehicle and would be most welcome.

Please detach form and post in an envelope to: Freepost RSBR-YLRX-UBUH, ZANE, PO Box 451, Witney 0X28 9FY England If you use a stamp, ZANE will be very grateful for the postage saved.

#### RT HON THE LORD PAUL BOATENG OF AKYEM AND WEMBLEY

former UK High Commissioner to South Africa

ZANE is a wonderful charity. (ZANE) is about service and it's about love . . . what is special is that ZANE forms relationships with everyone it helps.





#### H.E. MARK CANNING CMG

former Ambassador, British Embassy, Zimbabwe, 2009-11

ZANE does quite outstanding work on behalf of vulnerable communities in Zimbabwe . . . The work ZANE does through its committed and inspirational team continues to provide a valuable lifeline . . . It has been a privilege to see the skill and care with which the organisation directs its precious resources towards those in greatest need.

to



Helen is a widow, aged 88. Her husband, Frazer, won a Military Cross in WW11.

The MC was stolen along with all their possessions when their farm was seized five years ago. They suffered terribly when they were beaten up. Before Frazer died, ZANE managed to present him with a replica of the stolen MC.

Of course, apart from their beloved farm, the family lost everything in the A Pensioner in Zimbabwe

great inflation: assets, pensions and savings. Today, Helen relies on ZANE

for all her needs. She faces medical bills as her blood pressure was too high for safety and she couldn't put off a visit to the doctor anymore. Helen is one of those people who don't like asking for help so we had to

persuade her it was a privilege to pay her bills and provide her with the love that has vanished from her life.

Helen wrote a letter to ZANE. The crisis facing Helen is replicated every day across the country; there are so many destitute, proud and old people with nowhere to go: people with no food or means of support, people with untreated prostate problems, weak hearts and broken femurs and ankles. All too often due to our limited resources ZANE can only afford to offer aspirin as a palliative for pain.

Salute you fer your telp and your workens great love for us elderly people here in Zimbabwe. Regards Helen

\*Names have been changed on grounds of security



#### GENERAL SIR EVELYN WEBB-CARTER KCVO OBE

former Controller of the Army Benevolent Fund

I am enormously impressed by the work ZANE does for exservicemen and their families in Zimbabwe. Well done ZANE! I very much admire ZANE's brave volunteers.



#### DEBORAH BRONNERT

UK Ambassador, British Embassy, Zimbabwe

ZANE's work in Zimbabwe quite simply provides a life-line to those who are least able to help themselves. Their committed, inspirational team works hard to ensure that every penny raised goes to where it is needed most.

## Facts about ZANE

#### ZANE

has lost no donor money to corrupt official since its foundation in 2002. Support goes to where it's needed to make a vital difference.

2010/2011 ZANE was the Daily Telegraph Group Overseas Charity of the Year

#### ZANE

does not supply money or food in bulk. Rather, ZANE is a "relational" charity in that we gently means test the 1,800 elderly people to whom we give aid. At the same time we give encouragement to some very lonely people. That includes about 600 exservicemen and their widows/wives. In this way ZANE ensures that only those who are really in need of support receive it and so we don't waste donor money.

#### ZANE

is the largest supplier of financial grants to the pensioner community in Zimbabwe.

#### ZANE

is in effective partnership with all the UK services' charities in Zimbabwe. Since 2004, ZANE has facilitated about £2m in grants to WW2 veterans and their widows (and others).

> ZANE is the only charity that provides an holistic social services network across Zimbabwe.

#### ZANE assists in the

funding of an orphan prevention programme and a clubfoot correction programme

#### ZANE

is the only charity operating in Zimbabwe that supplies aid to all communities.

#### ZANE

is the only charity that allows donors to choose which aspect of the work they would like to support.

Registered charity number: 1112949



#### **Zimbabwe A National Emergency**

You can make a donation by phone or online 020 7060 6643 www.zane.uk.com